

# Living by His WORD

## SELF-IMAGE

### finding help



In our July letter, we left off discussing self image and steps for growth. I listed four steps that are important for growth in this particular area.

This month I want to go into more depth on the fourth area I brought out; that we need a helper. We need the Holy Spirit. He is the one that helps instruct us what to "eat" and what to stop "eating".

Eventually, without His help, I am left to myself... which could lead me to destroying myself, my call, and other people in my life. Ultimately bringing a reproach to the Gospel.

In John 6:63 Jesus said **"my words are spirit and they are life"**

Proverbs 20:27 says **"The spirit of a man is the lamp of the Lord searching all the inner depths of his heart"**. The word **heart** in the Hebrew is "rooms of the belly". The spirit of man, his human spirit, is where the Lord brings His light to expel darkness or the things we have digested or eaten from this world.

This tells us plainly, change takes place within us, in "our spirit man", by the help of the Holy Spirit in order for change to manifest on the outside. (the "natural

man" that has contact with this world.)

There is a teaching today that change begins when you make a decision to improve your old life. This is what I call "Energy of the flesh" or "self-motivation". It will endure only for a time, until our flesh, through the road of time gets weary and gives up; which it will! Inward change is more permanent, because it puts to death wrong desires and replaces them with desires that only God can give and not the flesh.

**Psalms 34:4-6 Delight** (Heb word **ANAG**: to be soft or pliable) yourself also in the Lord and he shall give (to place something or **to add to you**) to the desires of your heart.

I used to think God came into my life to give me every desire I had from this natural world. When I received things, I would say I was "living life more abundantly", not realizing that change came.

I no longer exist according to that old life, but it changed when I was (Gr.) co-buried with him and (Gr.) co-raised in newness of life. In **Colossians 2:12**, the Holy Spirit comes into view. The Holy Spirit was joined to our inner man for enlightenment, as to affect the outer person that we are. That's why God sent the Holy Spirit to live on the inside of us. He is there to instruct and mentor us for the benefit of our outward man. The first thing that must take affect for change by the Spirit is to build a desire in you for change. This only comes by fellowshiping with the Holy Spirit. **1**

**John 2:27** NLT. "But you have received the Holy Spirit, and He lives within you, so you don't need anyone to teach you what is true. For the Spirit teaches you everything you need to know. And what He teaches is true, it is not a lie. So just as He has taught you, remain in fellowship with Christ." John was not telling converts not to receive a teaching gift given to the body of Christ or any other gift for the maturing of the Saints. You have to understand this verse in light of the text. If you read **1 John 2:18, 19** it paints a clearer picture why this verse 27 said what it did. **Verse 18** "Little children it is the last hour..." (John meant that he was the last living eyewitness of the generation of Christ) And I can tell you clearly these men departed doctrinally from us, we were no longer there source.

In **vs 19** John says "they left us to show they no longer agreed with us." They had a spirit working in them that was against Christ or "anti- Christ". But look at **vs 20** "but you have an anointing from the Holy One that gives you the ability to know truth from a lie". If we learn how to let him work in our inner man we will discover how God can truly change our outward image into His inward image called "Christ in you the hope of glory". (**Colossians 1:27**)

Be blessed walking with your Helper!

*Pastor Jann*

# BASIC INFO

## SERVICE TIMES

Sunday Morning 10:30 AM  
Wednesday Evening 7:00 PM

## CONTACT

10110 Aqueduct Dr. E. Tacoma, WA 98445  
P.O. Box 110608 Tacoma, WA 98411

## SOCIAL

Facebook Page **search for** "By His Word"

*'But when the Father sends the Advocate as my representative—that is, the Holy Spirit—he will teach you everything and will remind you of everything I have told you.'*  
**John 14:26**

Scan with your phone to join



a Word Connection group

# TREASURE

**NEW SERIES  
SEPTEMBER 16<sup>TH</sup>**

*What do you  
value most?*

## UPCOMING EVENTS

**Special Speaker - Dr. Joe Hernandez** | Wed. August 8<sup>th</sup>

**Cultivate:Life** | ~~\$180~~ Guys: July 19<sup>th</sup>-22<sup>nd</sup> Girls: August 2<sup>nd</sup>-5<sup>th</sup>

**TREASURE Word Connection Begins** | September 16<sup>th</sup>

**All-Church Harvest Event** | Sat., Oct. 6<sup>th</sup> More info to come



**Cultivate:Life Weekends** | ~~Guys-July 19-22 \$180~~  
Girls-August 2-5 \$180

**Grow Kids: Berry Blast Theme Park**  
Learning about the fruit of the spirit !